

**SPELL-BOUND TO SEX LOVE**

**IN THE FIFTEEN FACTORS THAT CHAIN PEOPLE TO TOXIC RELATIONSHIP - VOLUME 1**

By

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I want to tell you a story of Helena, who died in a cruel, violent way having been axed to death by her own husband.

Ten years ago, in the city of Port Harcourt of Nigeria, in West Africa, I had the honour of being invited by a lady whose daughter became a subject of concern to her. She beckoned on me to advice the daughter on her behalf. Her daughter, Helena had a great respect for me, having mentored her on intellectual line. So the mother believed she would listen to me. Helena was a graduate of law at the Rivers State University of Science & Technology. She had a fiancé, a fine gentle man who was a university lecturer. Helena was a brilliant girl-but a slave to flesh-love. She had befriended a young man she met in the University. The boy was a university campus cult member, although he was always appearing very calm and quiet, adding to the fact that he was quite a handsome young man and of very rich parentage, much that he was a person of sensational

attraction to women. But inwardly, he had the personality of a beast. The boy had graduated a year before Helena did, and travelled to Canada for his master's degree program. During this period, their friendship died out, according to her, he practically told her to stop reaching out to him as he was not ready to keep distance relationship. So Helena started another relationship with her former lecturer who had always expressed willingness to marry her but got no attention since she was entrapped to the cult boy. When they were still in school, the boy had warned that if she is found close to another man, she will be dead. Helena was from a rich and influential parentage just like the ex-boyfriend. For the lecturer friend, it was a great relief when the boy travelled abroad and cut ties with Helena. He could then have attention of Helena.

Four months to a date slated for traditional marriage ordinance between Helena and her fiancé – the lecturer, the boy returned from Canada.

Helena attitude towards her fiancé suddenly changed. She practically informed her mother that she was no longer interested in marrying her fiancé – the lecturer. The mother, a woman of culture and decorum could not consent to such excuses. It was at this point the mother needed intervention of those she considered as a mentor to Helena to advise her that such decision was ridiculous and *antithetical* to their family philosophy.

Although not only that she was inherently an independent minded girl, Helena had determined never to set foot on the fiancé's house again, and never to marry him despite all plea, but accepted my invitation to meet and talk to her.

For three and half hour, I listened cautiously to Helena's prevarication on her reasons to cancel the engagement with the lecturer. None of her reasons made sense to me. The more I attempted to point out to her that the complaints she tendered were baseless, the more she loaded me with them. I did hope I would be able to make her confide in me the truth of her decision, and I did. I did hope upon my advice she will return home, convinced, and correct herself, but I failed.

Persuaded by my probing to cause her to tell me the truth, she broke the camel's back. The confidential answer was **"she was unable to forget the sexual prowess of her ex-boyfriend"**, who just returned from Canada and had reunited with her. She missed that sexual enjoyment for about two years and thought she would never have it again as she did move on. But the boy returned and came back to her. She told him she was getting married in a four month time but he begged her to leave the fiancé and marry him instead. She noted and reminded him that he was always abusive while they were in friendship and therefore she wouldn't want to be in abusive marriage, but the boy promised he will never be abusive to her again, that he has changed for good.

Having assimilated the truth of her decision to dump her fiancé – the lecturer, I felt pity for her. My advice to her was short and simple. I started with a question; thus:

**"Do you choose and prefer sexual satisfaction to respect, peace of mind, harmony and long life?"**, I asked Helena.

She answered with the following words, **"No"** , but added that '**sexual prowess**

**of her ex-boyfriend was also happiness drive for her’.**

It was at this juncture I realized that Helena was mentally enslaved to sex. Then I told her “intuitively prognostically, **“your parents might be perpetually sad in a short while if you marry that your ex-boyfriend. Will you take a long breath and forget him in your life, apologize to your fiancé and reconcile towards your scheduled marriage”.**

Her response was, her happiness was personal and therefore paramount to her parents’ happiness as it will not be her parents’ marriage but hers. “ I am the only one to define my happiness, “ she said categorically.

So, I educated her that she might not live to be happy and that is what I refer to the parents’ perpetual sorrow. I tried to convince her that based on what I have learnt about her ex-boyfriend abusive tendencies, he has not dropped such behavior because that is his personality and a sort of mental health crisis that is difficult to cure. Although she has the right to make her choice of what she want, but the parents also have the right to be happy for birthing and bringing her up. At this point, she seemed to have reviewed the ex-boyfriend’s abusive attitude upon my

words, and promised me she was going to telephone her fiancé for reconciliation and will not meet with her ex-boyfriend again. But this didn’t happen, she completely destroyed the beautiful relationship she had with her fiancé - the lecturer and got married to the ex-boyfriend. The marriage was of short duration, it ended with daily verbal and physical abuses, in a violent and sensational quarrel for which she sank into incessant depression

The ex-boyfriend got employed in a multi-national oil company, adding to the fact that both families were materially wealthy, so there was no poverty experience in the brief marriage; but yet, no peace; rather incessant verbal and brutal abuses and wreck cases. The prospect of settling down to enjoy the much desired sex longed by her became a mirage, and depression became her fate.

In the middle of 2017, she was stricken with a troublesome, though not painful illness, preparing herself for speedy solution, he wrote a letter via an email to her cousin, a medical practitioner based in Texas, USA, to inquire about the best treatment centre abroad.

The cousin telephoned her the next day so they can talk about it. The husband returned from work and met her on the

telephone. He shouted at her, inquiring who she was on the telephone with, accusing her of talking with another man whom she probably has been cheating with, with mild disposition while still on telephone, she informed him her cousin was the person over the telephone and that they were discussing about her health condition. This emboldened the husband to speak his sentiments, and of command of temper, and of open verbal abuses reflecting a doubt of the truth of her cousin personality involved.

As of personal character, Helena never soured her temper so quickly, notwithstanding her frequent disappointment at her husband toxic attitude. She was known to be taciturn, and of tolerance and calm disposition. She tried to take the telephone to him to prove that the cousin was the person, but he collected same and broke it, calling her a liar, a cheat, and unfaithful wife. She was, too, infuriated and exchanged words with him, and threatened to leave the marriage as she was tired. The husband slapped her and she attempted to defend herself from further slaps. He rushed into his room, returned with a battleax and hatched her on the shoulder.

A visit to her two days after the attempted murder incidence seemed at

first to relieve of her health condition. On the hospital bed, she cried and reminded herself of my advice she failed to yield to. But it was too late. Two days later, more alarming symptoms of failed response to treatment developed, her strength rapidly sank, little more than a week, she died in the Hospital on December 19, 2017.

Here, there is a proposition which not only seems, in itself simple and intelligible but if a proper lesson was to be made of it, would have rendered every toxic experience she got not to be an experience, and banish death as of such time which brought severe sorrowful tail on her parents, and drawn disgrace upon them. Helena was their only child. Perhaps in connection to the deep sorrow of his loss, Helena's mother died of heart attack six months after her demise, leaving her father one of the most sorrowful human beings on earth.

**Question: Why was Helena entrapped in that relationship?**

**The answer is sex love.**

A man or woman in love which passion is tight to sex love, it has been said, indeed, has no much difference with a person under mental spell.

Sex love is not the only phenomenal factor that entraps people to toxic and unhealthy relationship or causes someone to make a wrong choice in marriage. In subsequent series, we will regularly discuss each of the other fourteen FUNDAMNETAL FACTORS THAT CHAIN PEOPLE TO TOXIC RELATIONSHIP.

Our last topic in this series will be teaching you HOW TO DISCONNECT FROM EACH OF THE FACTORS THAT

CHAIN PEOPLE TO TOXIC RELATIONSHIP.

To learn more, follow me at Cyprian Edward-Ekpo Dialectics & Treatise, available on Facebook, Youtube, Twitter, and instagram, and at <https://www.uniserl.education>

With all my heart love, God bless you.

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